

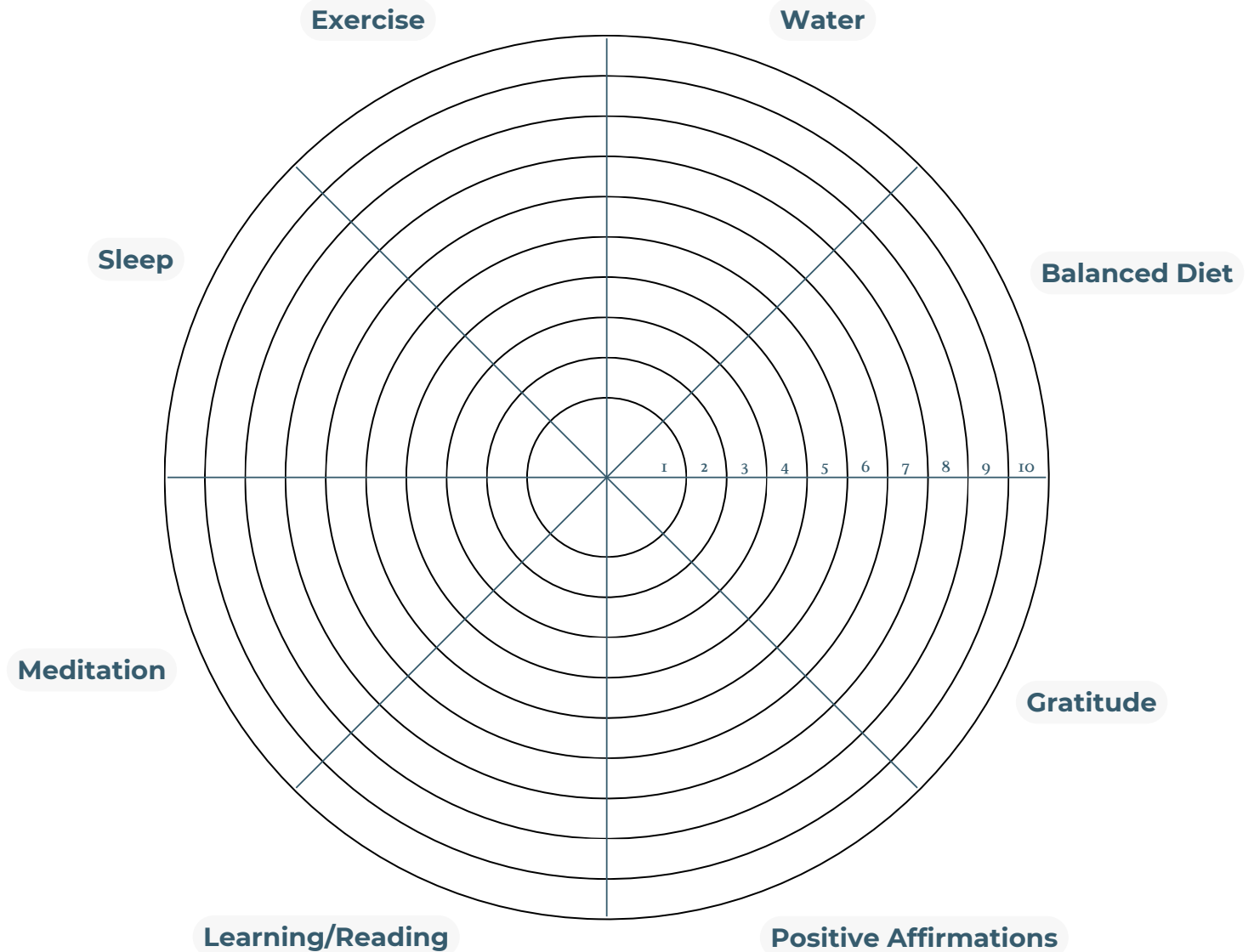
# Wheel of Daily Habits



Rate each category from 1-10 based on how satisfied you feel in your life.

Then fill in each section up to that number.

Notice how balanced your life is, and which areas need improvement.



Notes

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